

**Welcome to the AM Dressage Centre we do hope you enjoy your stay with us. Here is some information and answers to some frequently asked questions. If you need further assistance please do not hesitate to ask.**

**BIOSECURITY** - Whilst we do our best to prevent the spread of infections and disease please take steps to help minimise the risk, this could include taking your horse's temperature and keeping an eye out for any abnormalities.

**DOGS** - Are welcome at the centre. We ask that they are kept on leads at all times and that you clear up after them

**FARRIER** - If you need a farrier here are the details of the AM farriers that will be more than happy to come to the rescue.

Tom Quirk 07809 205134 Sam Phelps 07795 472348

**FEEDING** - We try to feed all the horses around 7am as not to create pandemonium and excessive door banging!! If you are unable to do this or staying off site please ask a member of the Team who are more than happy to help.

**FIRE-** In the unlikely event of a fire please alert a member of the team and congregate in the carpark at the front of the property. We have a horse evacuation procedure so please do not try to move your horse and property. Our Team will do everything they can to insure all property and horses are safe.

**GALLERY** - You are always welcome to use the gallery. Help yourself to coffee and tea, watch the TV, and relax. Last one out in the evening turn all lights and heaters off please.

**HAND GRAZING** - Please feel free to hand graze in the area behind the indoor school. Please do not go on the grass verges and other areas with your horses.

**HATS** - Riding and handling horses is very risky. We advise all our clients to wear a hat when handling and riding their horses as they can be unpredictable in a strange environment.

**HAY** - We can supply you with small bale haylage for £8.00 per bale.

**LOST PROPERTY** - If you misplace or forget anything we have a lost property box in the office. If you find anything that has been misplaced please hand it to a member of the team.

**MUCKING OUT** - Please leave your stable clean with the banks up and floor clear. The muck heap is located on Matt's Yard (go on the track past shavings and hang a left!!)

**SHAVINGS** - If you would more shavings in your stable you are welcome to purchase extra shavings from us at £8.00 per bale.

**SHOWERS** - There is a shower located opposite the toilets in the indoor school.

**SMOKING** - There are smoking areas outside the indoor school and gallery. Please put your cigarette ends in the bins/ash pots provided. No smoking on the yards, farmhouse or in the Hay barn!!

**TOOLS** - Please bring your own.

**TOILETS** - We have toilets in the foyer of the indoor school. Please do not flush anything other than toilet paper as it will break our water treatment plant. There are sanitary bags and bins for your convenience.

**TORCHES** - We recommend you bring a torch with you when you stay with us. We try to light up as much as possible but especially in the winter it is dark in the car parks. If you need to borrow one ask the Team.

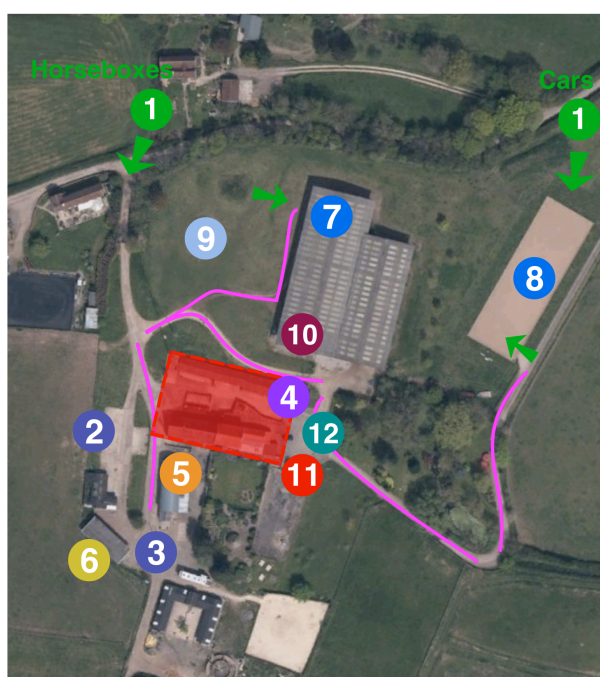
**VET** - If you need an on call vet we recommend B&W Equine Vets 01453 811867

**VIDEOS** - Videoing is a great way of making the most of your lessons please feel free to do so. We ask however that you do not video our lecture demos and our horses being trained.

**WARM UP** - Please feel free to come into the teaching arena around 10 minutes before your lesson. In this time please try not to disturb the lessons currently in progress and walk off the track.

**WATCHING** - We welcome anybody to watch the lessons as it is a great way of learning. If you are watching please keep quiet as it will disturb the lesson. If you want a good natter please do so in our gallery!!

**WIFI** - We live in a poor reception area and cannot insure a good WIFI signal!! If you need the internet you will need to bring a dongle!



Wyncolls Farm, Lumbars Lane,  
Elton, Gloucestershire, GL14 1LH

- |                       |  |
|-----------------------|--|
| 1 Horsebox Entrance   | 8 Arena 2 (Outdoors)   |
| 1 Car Entrance        | 9 Hand Grazing Area<br><small>Please do not graze horses on the verges</small> |
| 2 Non-hook up parking | 10 The Gallery   |
| 3 Hook up parking     | 11 Fire point  |
| 4 Office              | 12 Car Park  |
| 5 Overnight Stables   | Private property   |
| 6 Hay barn            | Direction of entrance  |
| 7 Arena 1 (Indoors)   | Path to arena / Gallery  |

Tel: 01452 762880

Please note the private property indicated on the map and use the pink routes to get to the arenas / gallery

# THE TEAM

ADAM KEMP



MATT FROST



JUSTINE SOLE



RACHEL STEPHENS



SUZIE SEYMOUR



# Saturday

## LESSONS

Time	Matt	Justine
13:30		Lisa Thomas
14:15		Kathryn Oldfield
15:00		Jess Rudkin
15:45	Chantal Thackray	Isobel Mills
16:30	Jane Houghton	Renu Brindle
17:15		Deb Davies

### **Stables:**

Isobel Mills  
Deb Davies  
Renu Brindle  
Jane Houghton

## **19:30 DINNER**

### **Dinner:**

Isobel Mills  
Deb Davies  
Renu Brindle (V)  
Jane Houghton

# SUNDAY.

## 8:00 Breakfast

**Breakfast:**

Isobel Mills  
Deb Davies  
Renu Brindle (V)  
Jane Houghton

## 9:00 LESSONS

Time	Matt	Justine
9:00	Jane Houghton	Isobel Mills
9:45	Jess Rudkin	Renu Brindle
10:30		Deb Davies
11:15		Caroline Jones
12:00		Tor Smith